



4 February 2019 - Kuwait

Fadia Survive & Thrive Cancer Association commemorated the World Cancer Day

As part of its continuous cancer awareness and health advocacy initiatives in Kuwait, Fadia Survive & Thrive Cancer Association proudly organized **'Together we are Unstoppable in fighting Cancer: I Am and I Can'** awareness event and workshop dedicated to the World Cancer Day on February 4, 2019. World Cancer Day is an initiative of the Union for International Cancer Control, the largest and oldest international cancer organization committed to taking the lead in uniting the cancer community to reduce the global cancer burden.

The event aimed at raising awareness, while encouraging participants from cancer patients and the public to express themselves in terms of this year's campaign "I am and I can" and make a personal commitment to accelerate actions against cancer.

The event was held at The Hub Gallery, the artistic space that pays homage to old Kuwaiti traditions, and was attended by many participants and guests of honor from over 13 nations. The event kicked off by a short speech given by the President of Fadia Survive & Thrive Cancer Association, Dr. Rania Azmi, who started by thanking everyone for joining today, especially the diplomatic guests of honor, the Association's founding members Mrs. Fadia Abdel Salam Ibrahim and Dr. Eman Azmi, the distinguished guest speakers: Dr. Fahad Abdul Rahman Marafi, Director of Jaber Al-Ahmad Center for Nuclear Medicine and Molecular Imaging and President of Kuwait Society of Nuclear Medicine and Molecular Imaging, who shared the scientific potential in countering cancer in 2019 and beyond, Mrs. Emilia Barr, registered psychotherapist, who gave a warm message to cancer patients, appreciating them while emphasizing the Body-Mind Integration perspective, other diplomats were also in attendance, community guests, cancer patients and their loved ones, besides representatives from local newspapers and magazines.

The event concluded by Dr. Azmi, who discussed from a patient advocate perspective what we can do right now to improve our quality of life and commit to counter cancer. Then she involved all the participants in a workshop to write and express themselves in light of this year's campaign "I Am and I Can". Mrs. Ibrahim shared in this workshop what she can do to counter cancer and many other prominent guests. Other participants were given the opportunity to write and share what they committed to do too where very powerful messages were shared openly with enthusiastic commitments to counter cancer.

'Fadia Survive & Thrive Cancer Association is proud of today's participants from all members of the society and cancer stakeholders. What it takes to believe that we all can change the status quo of current cancer situation is basically to fight together with science and knowledge. Together we are really unstoppable.' Said Dr. Rania Azmi. Adding that the importance of such cancer events that it increases awareness and provide the public with accurate information which can empower all of us to recognize early warning signs of health challenges, make informed choices about our health and counter our own fears and misconceptions about cancer.